

Mount Vernon City School District
PACING GUIDE

Submitted By: The Guidance Department

SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER	JANUARY	FEBRUARY	MARCH	APRIL	MAY	JUNE
Attendance Awareness Month	Bullying Prevention Month Red Ribbon Week	National Career Development Month	National Human Rights Month	World Day Peace Martin Luther King Jr. Day	National School Counseling Week Black History Month	Brain Awareness Month	Reach Higher Initiative (Career Day)	International Health & Wellness Week	National Safety Month
INTRODUCTION ACTIVITIES	WORK HABITS NECESSARY FOR SCHOOL SUCCESS	FRIENDSHIP	KINDNESS/RESPECT	SAFE AND HEALTHY HABITS	EMOTIONS	“MANY FACES OF ME”	CAREER AWARENESS	CONFLICT RESOLUTION	TRANSITION TO FIRST GRADE
A: A1.2 Display a positive interest in learning	<ul style="list-style-type: none">Following class-room rules/routinesDeveloping an excitement for learning	<ul style="list-style-type: none">How to be a friendBasic conflict resolution skills	<ul style="list-style-type: none">Sharing and respecting othersPlaying cooperatively with peers	<ul style="list-style-type: none">Good Touch/Bad TouchSafe and healthy choices	<ul style="list-style-type: none">Identifying basic feelings/emotionsPS: A1.7. Identify and express feelings.	<ul style="list-style-type: none">Identifying likes/dislikesHow to make decisions	<ul style="list-style-type: none">Recognizing jobs and responsibilities	<ul style="list-style-type: none">Basic problem solvingBasic communication	<ul style="list-style-type: none">First grade expectations
A: A1.5 Identify attitudes and behaviors that lead to successful learning	A: A1.2. Display positive interest in learning	PS: A2.2. Learn how to make and keep friends.	PS: A2.8. Learn how to make and keep friends	PS:C1.3 Learn about the differences between appropriate and inappropriate physical contact.	PS: A1.1 Develop positive attitudes toward self as a unique and worthy person.	PS: B1.2 Understand consequences of decisions and choices.	C: A1.3 Learn how to interact and work cooperatively in teams.	PS:C1.9 Learn how to cope with peer pressure.	A:A1.2 Display a positive interest in learning.
	A: A1.3. Take pride in work and achievement.	PS: A1.6. Distinguish between appropriate and inappropriate behavior.	PS: A2.3. Recognize, accept and appreciate individual differences.	PS:C1.4. Demonstrate the ability to set boundaries, rights and personal privacy.	2A.1a. Recognize that others may experience situations differently from oneself.	2A.1a. Recognize that others may experience situations differently from oneself.	C: A1.2 Learn about the variety of traditional and non-traditional occupations	PS: A1.5 Identify and express feelings	A:A1.3 Take pride in work and achievement.
	A: A1.5. Identify attitudes and behaviors that lead to successful learning.	PS:C1.9. Learn how to cope with peer pressure.	A: A1.5 Identify attitudes and behaviors that lead to successful learning	PS:C1.7 Apply effective problem-solving and decision-making skills to make safe and healthy choices.	2A.1b. Use listening skills to identify the feelings and perspectives of others.	2A.1b. Use listening skills to identify the feelings and perspectives of others.			
	PS: A1.5 Identify and express feelings		3A.1a. Explain why acts that hurt others are wrong.	PS:C1.3. Learn about the differences between rules, laws, safety and the protection of the rights of the individual.	3A.1a. Explain why acts that hurt others are wrong.	3A.1a. Explain why acts that hurt others are wrong.			

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WHAT DOES A FIRST GRADER LOOK LIKE	DEVELOPING POSITIVE ATTITUDES TOWARD SCHOOL	WORKING WELL WITH OTHERS	RESPECT	CHARACTER	DEVELOPING POSITIVE ATTITUDES TOWARD SELF	SELF-CONTROL AND PERSONAL REGULATION	MAKING SAFE CHOICES	CAREER AWARENESS	TRANSITION
<p>PS: A1.5 Identify and express feelings</p> <p>A: A1.2 Display a positive interest in learning</p> <p>A: A1.3 Take pride in work and achievement</p> <p>A: A1.5 Identify attitudes and behaviors that lead to successful learning</p> <p>3A.1b. Identify social norms and safety considerations that guide behavior.</p>	<ul style="list-style-type: none">School spirit <p>A: A1.2 Display a positive interest in learning</p> <p>A: A1.3 Take pride in work and achievement</p> <p>A: A1.5 Identify attitudes and behaviors that lead to successful learning</p> <p>3C.1a. Identify and perform roles that contribute to one's classroom.</p>	<ul style="list-style-type: none">Team buildingHow to interact with peers <p>PS: A2.3 Recognize, accept, respect and appreciate individual differences</p> <p>PS: A2.6 Use effective communications skills</p> <p>PS: A2.8 Learn how to make and keep friends</p> <p>2A.1a. Recognize that others may experience situations differently from oneself.</p> <p>2A.1b. Use listening skills to identify the feelings and perspectives of others.</p> <p>2B.1a. Describe the ways that people are similar and different.</p> <p>2B.1b. Describe positive qualities in others.</p> <p>3B.1b. Make positive choices when interacting with classmates.</p>	<ul style="list-style-type: none">Identify rights, roles, and responsible citizenship <p>PS: A2.8 Learn how to make and keep friends</p> <p>PS: A2.7 Know that communication involves speaking, listening and nonverbal behavior</p> <p>3A.1a. Explain why acts that hurt others are wrong.</p>	<ul style="list-style-type: none">Identify character attributesDefining strong vs poor character <p>PS: A1.1 Develop positive attitudes toward self as a unique and worthy person</p> <p>PS: A1.5 Identify and express feelings</p>	<ul style="list-style-type: none">Emotions <p>PS: A1.8 Understand the need for self-control and how to practice it</p> <p>PS:A1.9 Demonstrate cooperative behavior in groups</p> <p>1A. 1a Recognize and describe emotions and how they are linked to behavior</p>	<p>PS: A1.8 Understand the need for self-control and how to practice it</p> <p>PS: A1.9 Demonstrate cooperative behavior in groups</p> <p>1A.1b Demonstrate control of impulsive behavior</p>	<ul style="list-style-type: none">Personal spaceConflict <p>PS:C1.5 Differentiate between situations requiring peer support and situations requiring adult professional help</p> <p>PS:C1.6 Identify resource people in the school and community, and know how to seek their help</p> <p>3B.1a. Identify a range of decisions that students make at school and at home.</p>	<ul style="list-style-type: none">Community helpers <p>C:C2.3 Learn to work cooperatively with others as a team member</p> <p>C:C1.1 Understand the relationship between educational achievement and career success</p> <p>C:C1.2 Explain how work can help to achieve personal success and satisfaction</p>	<ul style="list-style-type: none">Establishing independence <p>PS:B1.12 Develop an action plan to set and achieve realistic goals</p> <p>PS:A1.4 Understand change is a part of growth</p>

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RESPONSIBILITY	GOAL SETTING	STUDY SKILLS	DECISION MAKING	DEVELOPING HEALTHY HABITS	AWARENESS OF SELF AND OTHERS	RECOGNIZING PEER PRESSURE AND BULLYING	RESPECT	CAREER AWARENESS	GRADE EXPECTATIONS
<ul style="list-style-type: none">Owning ones behavior and consequences <p>PS: A1.5 Identify and express feelings.</p> <p>PS: A1.2 Identify values, attitudes and beliefs</p> <p>3A.1b. Identify social norms and safety considerations that guide behavior.</p>	<ul style="list-style-type: none">What does it mean to be a “good” student? <p>C: A2.7 Develop a positive attitude toward work and learning</p> <p>3C.1a. Identify and perform roles that contribute to one’s classroom.</p>	<ul style="list-style-type: none">Organization <p>C: A1.7 Understand the importance of planning.</p> <p>C: A1.3. Develop an awareness of personal abilities, skills, interests and motivation</p> <p>A: A3.2 Demonstrate the ability to work independently, as well as the ability to work cooperatively with other students</p>	<ul style="list-style-type: none">Basic decision making strategiesInteracting with others <p>PS: B1.2 Understand consequences of decisions and choices</p> <p>1A.1b Demonstrate control of impulsive behavior</p> <p>3B.1a. Identify a range of decisions that students make at school and at home.</p> <p>3B.1b. Make positive choices when interacting with classmates.</p>	<ul style="list-style-type: none">Good touch/Bad touch <p>PS:C1.2 Learn about the relationship between rules, laws, safety and the protection of rights of the individual</p> <p>PS:C1.3 Learn about the differences between appropriate and inappropriate physical contact</p> <p>PS:C1.4 Demonstrate the ability to set boundaries, rights and personal privacy</p> <p>PS:C1.5 Differentiate between situations requiring peer support and situations requiring adult professional help</p>	<ul style="list-style-type: none">BoundariesFeelingsBehaviors <p>PS: A1.1 Develop positive attitudes toward self as a unique and worthy person</p> <p>PS: A1.5 Identify and express feelings</p> <p>1A. 1a Recognize and describe emotions and how they are linked to behavior</p> <p>2B.1a. Describe the ways that people are similar and different.</p> <p>2B.1b. Describe positive qualities in others.</p> <p>3A.1a. Explain why acts that hurt others are wrong.</p>	<ul style="list-style-type: none">Dealing with tough situations <p>PS: A2.8 Learn how to make and keep friends</p> <p>PS: B1.8 Know when peer pressure is influencing a decision</p> <p>PS: B1.4 Develop effective coping skills for dealing with problems</p> <p>PS: B1.5 Demonstrate when, where and how to seek help for solving problems and making decisions</p> <p>PS:B1.6 Know how to apply conflict resolution skills</p>	<ul style="list-style-type: none">Active listening <p>PS: A2.8 Learn how to make and keep friends</p> <p>PS: B1.7 Demonstrate a respect and appreciation for individual and cultural differences.</p> <p>2A.1A. Recognize that others may experience situations differently from oneself.</p> <p>2A.1B. Use listening skills to identify the feelings and perspectives of others.</p>	<ul style="list-style-type: none">Traditional and nontraditional careers <p>C: A1.3. Develop an awareness of personal abilities, skills, interests and motivations</p> <p>C: A1.4 Learn how to interact and work cooperatively in teams</p>	<ul style="list-style-type: none">Summer preparationPreparing for third grade <p>A:A1.2 Display a positive interest in learning</p> <p>A:A1.3 Take pride in work and achievement</p> <p>A:A1.5 Identify attitudes and behaviors that lead to successful learning</p>

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DEVELOPING EFFECTIVE STUDY HABITS <ul style="list-style-type: none">Routines A: A1.5 Identify attitudes and behaviors that lead to successful learning A: A2.1 Apply time-management and task-management A: B1.3 Apply the study skills necessary for academic success at each level	GOAL SETTING AND ASSESSMENTS <ul style="list-style-type: none">Critical thinking PS: A1.3 Learn the goal-setting process A: B2.1 Establish challenging academic goals in elementary, middle/jr. High and high school A: B2.5 Use problem-solving and decision-making skills to assess progress towards educational goals	ORGANIZATION AND WORKING INDEPENDENTLY <ul style="list-style-type: none">Positive contribution to classroom/world A:C1.3 Understand the relationship between learning and work A: A3.2 Demonstrate the ability to work independently, as well as the ability to work cooperatively with other students 2A.1a. Recognize that others may experience situations differently from oneself. 2A.1b. Use listening skills to identify the feelings and perspectives of others.	SELF-CONTROL AND SELF-MANAGEMENT <ul style="list-style-type: none">Develop awareness of self and others PS: B1.2 Use a decision-making and problem-solving model PS: B1.2 Understand consequences of decision and choices 2A.1a. Recognize that others may experience situations differently from oneself. 2A.1b. Use listening skills to identify the feelings and perspectives of others. 3A.1a. Explain why acts that hurt others are wrong.	RESPECTING DIFFERENCES <ul style="list-style-type: none">DiversityTeam building PS: A2.3 Recognize, accept, respect and appreciate individual difference PS: A2.7 Know that communication involves speaking, listening and nonverbal behavior 2A.1a. Recognize that others may experience situations differently from oneself. 2B.1a. Describe the ways that people are similar and different. 2B.1b. Describe positive qualities in others. 3B.1b. Make positive choices when interacting with classmates	IDENTIFY WITH THOUGHTS AND FEELING <ul style="list-style-type: none">Coping skillsMindfulness of others and their feeling PS: B1.3 Identify alternative solutions to a problem PS: B1.4 Develop effective coping skills for dealing with problems PS: B1.5 Demonstrate when, where and how to seek help for solving problems and making decisions 2A.1a. Recognize that others may experience situations differently from oneself. 2A.1b. Use listening skills to identify the feelings and perspectives of others. 3A.1a. Explain why acts that hurt others are wrong.	TEST ANXIETY/TEST PREP <ul style="list-style-type: none">Normal feelingsCoping with anxiety PS:C1 Learn techniques for managing stress and conflict PS:C1.11 Learn coping skills for managing life events	“WHO AM I?”/GET- TING TO KNOW ME <ul style="list-style-type: none">Identifying interest/skills and hobbiesPersonality assessments PS: A1.10 Identify personal strengths and assets A: B2.4 Apply knowledge of aptitudes and interests to goal setting C: A1.3 Develop and awareness of personal abilities, skills, interests and motivations	COLLEGE AND CAREER INVESTIGATIONS A:C1.3 Understand the relationship between learning and work A:C1.6 Understand how school success and academic achievement enhance future career and vocational opportunities C: A1.2 Learn about the variety of traditional and nontraditional occupations	TRANSITIONS <ul style="list-style-type: none">Focusing on the future A:C1.4 Demonstrate an understanding of the value of lifelong learning as essential to seeking, obtaining and maintaining life goals

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RELATIONSHIP BUILDING	TOLERANCE/DIVERSITY AWARENESS	BULLYING PREVENTION	MAINTAINING FRIENDSHIPS	PERSONAL SAFETY/DE- CISION MAKING	SELF ESTEEM	TEST PREP/STUDY SKILLS	LEARNING STYLES	PATHWAYS TO COLLEGE AND CAREERVILLE	TRANSITIONS
<ul style="list-style-type: none">Understanding self and othersWhat does it take to get along with others who may be different than you?Identifying your role in the community and school <p>A:C1.5 Understand that school success is the preparation to make the transition from student to community member</p> <p>PS: A2.8 Learn how to make and keep friends</p> <p>C: A1.4 Learn how to interact and work cooperatively in teams</p> <p>2B.2b. Demonstrate how to interact positively with those who are different from oneself.</p> <p>2A.2b. Describe the expressed feelings and perspectives of others.</p> <p>3C.2a. Identify and perform roles that contribute to the school community.</p> <p>3C.2b. Identify and perform roles that contribute to one's local community.</p>	<ul style="list-style-type: none">Respecting differencesGetting along with othersConsidering the thoughts and opinions of others <p>PS: A2.1 Recognize that everyone has rights and responsibilities</p> <p>PS: B1.7 Demonstrate a respect and appreciation for individual and cultural differences</p> <p>2A.2b. Describe the expressed feelings and perspectives of others.</p> <p>2B.2b. Demonstrate how to interact positively with those who are different from oneself.</p> <p>3A.2a. Demonstrate the ability to respect the rights of self and others.</p>	<ul style="list-style-type: none">Conflict resolutionKindnessRespect <p>PS: A1.6 Distinguish between appropriate and inappropriate behavior</p> <p>PS. B1.1 Use a decision-making and problem solving model</p> <p>2B.2b. Demonstrate how to interact positively with those who are different from oneself.</p> <p>3A.2a. Demonstrate the ability to respect the rights of self and others.</p>	<ul style="list-style-type: none">Conflict resolutionAwareness of different emotions and feelings through gestures and cues <p>PS. B1.1 Use a decision-making and problem solving model</p> <p>2A.2a. Identify verbal, physical, and situational cues that indicate how others may feel.</p>	<ul style="list-style-type: none">Internet safety/awarenessAppropriate vs inappropriate social interactionsConsequences <p>PS:C1.1 Demonstrate knowledge of personal information (I.e., telephone number, home address, emergency room)</p> <p>PS:C1.2 Learn about the relationship between rules, laws, safety and the protection of rights of the individual</p> <p>PS:C1.6 Identify resource people in the school and community, and know how to seek their help</p> <p>1A. 2a Describe a range of emotion and the situations that cause them</p> <p>2A.2a. Identify verbal, physical, and situational cues that indicate how others may feel.</p> <p>3A.2b. Demonstrate knowledge of how social norms affect decision making and behavior.</p> <p>3B.2a. Identify and apply the steps of systematic decision making.</p> <p>3B.2b. Generate alternative solutions and evaluate their consequences for a range of academic and social situations.</p>	<ul style="list-style-type: none">Loving ourselves <p>PS: A1.2 Identify values, attitudes and beliefs</p> <p>PS: A1.1 Develop positive attitudes toward self as a unique and worthy person</p>	<ul style="list-style-type: none">Test taking strategies <p>A: B1.4 Seek information and support from faculty, staff, family and peers</p> <p>A: B1.6 Use knowledge of learning styles to positively influence school performance</p> <p>A: B1.7 Become a self-directed and independent learner</p>	<p>A: B1.7 Become a self-directed and independent learner</p> <p>A: B1.3 Apply the study skills necessary for academic success at each level</p>	<p>C: A1.4 Learn how to interact and work cooperatively in teams</p> <p>C: A1.5 Learn to make decisions</p> <p>A:C1.5 Understand that school success is the preparation to make the transition from student to community member</p> <p>A:C1.6 Understand how school success and academic achievement enhance future career and vocational opportunities</p>	<ul style="list-style-type: none">Summer to- do list <p>PS :A1.4 Understand change is a part of growth</p>

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POSITIVE ATTITUDES <ul style="list-style-type: none">Self-empowermentMindfulnessPositive thinkingHow you contribute to school and society? PS: A1.1 Develop positive attitudes toward self as a unique and worthy person A:C1.4 Demonstrate an understanding of the value of lifelong learning as essential to seeking, obtaining and maintaining lifegoals A:C1.5 Understand that school success is the preparation to make the transition from student to community member 3C.2a. Identify and perform roles that contribute to the school community. 3C.2b. Identify and perform roles that contribute to one's local community.	TOLERANCE/ DIVERSITY AWARENESS PS: A2.3 Recognize, accept, respect and appreciate individual differences PS: A2.4 Recognize, accept and appreciate ethnic and cultural diversity PS: A2.5 Recognize and respect differences in various family Configurations 2B.2a. Identify differences among, and contributions of, various social and cultural groups. <ul style="list-style-type: none">Acknowledging various social and cultural groups by Identifying commonalties, differences and contributions 3A.2a. Demonstrate the ability to respect the rights of self and others. Effective communication skills	EFFECTIVE COMMUNICATION SKILLS <ul style="list-style-type: none">How to engage and learn about each other PS: A2.6 Use effective communications skills PS: A2.7 Know that communication involves speaking, listening and nonverbal behavior 2B.2a. Identify differences among, and contributions of, various social and cultural groups.	TYPES OF COMMUNICATION AND HOW IT RELATES TO DECISION MAKING <ul style="list-style-type: none">How to communication (e.g aggressive vs passive vs assertive)How poor communication can result in consequences PS: B1.1 Use a decision-making and problem-solving model PS: B1.2 Understand consequences of decisions and choice 1A.2b. Describe and demonstrate ways to express emotions in a constructive manner. 3B.2a. Identify and apply the steps of systematic decision making. 3B.2b. Generate alternative solutions and evaluate their consequences for a range of academic and social situations.	GOAL SETTING <ul style="list-style-type: none">Improving relationships with others PS: A1.2 Identify values, attitudes and beliefs PS: B1.9 Identify long- and short-term goals PS: B1.10 Identify alternative ways of achieving goals PS: B1.12 Develop an action plan to set and achieve realistic goals 2A.2a. Identify verbal, physical, and situational cues that indicate how others may feel.	SELF-ESTEEM AND PEER PRESSURE <ul style="list-style-type: none">Influencing factors A: B1.1 Demonstrate the motivation to achieve individual potential PS: A1.1 Develop positive attitudes toward self as a unique and worthy person PS: A1.5 Identify and express feelings	TEST PREP/STUDY SKILLS <ul style="list-style-type: none">StrategiesTime management A: A2.1 Apply time-management and task-management skills A: A2.4 Apply knowledge and learning styles to positively influence school performance A: B1.3 Apply the study skills necessary for academic success at each level A A: B1.5 Organize and apply academic information from a variety of sources A: B1.6 Use knowledge of learning styles to positively influence school performance	“FINDING MYSELF” <ul style="list-style-type: none">Fitting inWho am I in the world?How do my decisions affect the world in which I live? PS: A1.10 Identify personal strengths and assets PS: A1.11 Identify and discuss changing personal and social roles PS: B1.8 Know when peer pressure is influencing a decision PS: B1.1 Use a decision-making and problem-solving model PS: B1.2 Understand consequences of decisions and choices 3A.2b. Demonstrate knowledge of how social norms affect decision making and behavior.	CAREER AND COLLEGE EXPLORATION <ul style="list-style-type: none">Online research C:C2.4 Apply academic and employment readiness skills in work-based learning situations such as internships, shadowing and/or mentoring experiences C:C1.1 Understand the relationship between educational achievement and career success C:C1.3 Identify personal preferences and interests influencing career choice and success	TRANSITIONS <ul style="list-style-type: none">What to expect A:C1.5 Understand that school success is the preparation to make the transition from student to community member A:C1.4 Demonstrate an understanding of the value of lifelong learning as essential to seeking, obtaining and maintaining life goals A: A3.4 Demonstrate dependability, productivity and initiative

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NEW EXPECTATIONS, ROLES, AND RESPONSIBILITIES <ul style="list-style-type: none">Being a role modelFollowing school rules A: A1.5: Identify attitudes and behaviors that lead to successful learning A: A3.1: Take responsibility for their actions A: A3.2: Demonstrate the ability to work independently, as well as the ability to work cooperatively with other students 3A.3b. Analyze the reasons for school and societal rules.	RESPECT AND TEAM BUILDING <ul style="list-style-type: none">Working together as a school communityMaintaining fairness among community membersConflict resolution*Begin C2K curriculum A: A3.5: Share Knowledge A: B2.5: Use problem solving and decision-making skills to assess progress toward educational goals A: B2.6: Understand the relationship between classroom performance and success in school A:C1.6: Understand how school success and academic achievement enhance future career and vocational opportunities. 2A.3a. Hypothesize others' feelings and perspectives in a variety of situations and explain the reasons for one's conjecture . 2A.3b. Analyze how one's behavior may affect others. 3A.3a. Evaluate how honesty, respect, fairness, and compassion enable one to take the needs of others into account when making decisions.	FRIENDSHIPS <ul style="list-style-type: none">Peer pressure, cliques and relationships PS: A2.1: Recognize that everyone has rights and responsibilities PS: A2.2: Respect alternative points of view PS: A2.3: Recognize, accept, respect and appreciate individual differences. PS: A2.8: Learn how to make and keep friends. 2A.3a. Hypothesize others' feelings and perspectives in a variety of situations and explain the reasons for one's conjecture . 2A.3b. Analyze how one's behavior may affect others.	COMMUNITY SERVICE <ul style="list-style-type: none">Manhattan College Trip (8 schools) A:C1.2: Seek co-curricular and community experiences to enhance the school experience	GOAL SETTING <ul style="list-style-type: none">Academic and college/careerReassessing previous goals C: A1.6: Learn how to set goals. 1A.3a. Analyze factors that create stress or motivate successful performance.	SELF-CARE <ul style="list-style-type: none">Body/emotional awarenessSelf-esteem PS: A1.2: Identify values, attitudes, and beliefs PS: A1.6: Distinguish between appropriate and inappropriate behavior Individual parent meetings	TEST PREP/STUDY SKILLS Time and task management C: A2.9: Utilize time and task-management skills C: A1.7: Understand the importance of planning 1A.3a. Analyze factors that create stress or motivate performance successful e.	COLLEGE AND CAREER AWARENESS A:C1.6: Understand how school success and academic achievement enhance future career and vocational opportunities	COLLEGE AND CAREER AWARENESS MANHATTAN COLLEGE TRIP (remaining schools) C:C1.2: Explain how work can help to achieve personal success and satisfaction	TRANSITIONS <ul style="list-style-type: none">Goal Setting for new school/new grade C: A1.5: Learn how to make decisions C: A1.6: Learn how to set goals C: A1.7: Understand the importance of planning

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INTRODUCTION TO NAVIANCE	ELABORATE ON LEARNING STYLES	INTERNET/DRUG AWARENESS	ACCOUNTABILITY & CHOICE-MAKING	NAVIANCE	IONA COLLEGE TRIP	TEST PREP/STUDY SKILLS	SELF-CARE	KINDNESS	GOAL SETTING
<ul style="list-style-type: none">Logging on and Learning Styles Inventory <p>C: B1.2: Identify personal skills, interest and abilities and relate them to current career choice</p> <p>C: B1.6: Learn to use the internet to access career-planning information</p>	<p>C: A1.5: Learn to make decisions</p> <p>C: A1.6: Learn how to set goals</p> <p>C:A1.7: Understand the importance of planning.</p> <p>1A.3c. Demonstrate the capacity to maintain concentration on a task.</p>	<p>PS: A1.7: Recognize personal boundaries, rights and privacy needs.</p> <p>PS:C1.1 - 11: Acquire Personal Safety Skills</p>	<p>PS: A1.1 - 12: Acquire Self-knowledge</p>	<ul style="list-style-type: none">Naviance Goals <p>C: B2.1-5: Identify Career goals</p> <p>A: A2.1 - 4: Acquire skills for improving learning</p>	<p>C:C1-7: Acquire knowledge to achieve career goals</p> <p>1A.3a. Analyze factors that create stress or motivate successful performance.</p>	<p>Time and task management</p> <p>C: A2.9: Utilize time and task-management skills</p> <p>C: A1.7: Understand the importance of planning</p> <p>1A.3a. Analyze factors that create stress or motivate performance successful e.</p>	<ul style="list-style-type: none">Body/emotional awarenessSelf-esteem <p>PS: A1.2: Identify values, attitudes, and beliefs</p> <p>PS: A1.6: Distinguish between appropriate and inappropriate behavior</p>	<p>PS: A2.1-8: Acquire Interpersonal Skills</p>	<p>A:B2.1-7: Plan to achieve goals</p> <p>C:A1.5: Learn how to make decisions</p> <p>C:A1.6: Learn how to set goals</p> <p>C:A1.7: Understand the importance of planning</p>

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MANHATTANVILLE VISIT	GOAL SETTING <ul style="list-style-type: none">Naviance: Strengths Explorer C: B2.1-5: Identify Career goals C: B1: Apply decision making skills to career planning, course selection and career transition 1A.3c. Demonstrate the capacity to maintain concentration on a task.	INTERNET /DRUG AWARENESS <p>Alternating Internet and Drugs from year to year.</p> PS: A1.7: Recognize personal boundaries, rights and privacy needs. PS:C1.1 - 11: Acquire Personal Safety Skills	GROWTH MINDSET <p>A: B1.1-7: Improve Learning</p> PS: A 1.1-12: Acquire Self-knowledge	HIGH SCHOOL COUNSELOR VISITS <p>C:C1.2: Explain how work can help to achieve personal success and satisfaction</p> A:C1.6: Understand how school success and academic achievement enhance future career and vocational opportunities	NAVIANCE M ADVANTAGE <p>A: A2.1: Apply time management and task-management skills</p> 1A.3a. Analyze factors that create stress or motivate successful performance.	INDIVIDUAL PARENT MEETINGS <ul style="list-style-type: none">Test prep/study skillsTime and task management C: A2.9: Utilize time and task-management skills C: A1.7: Understand the importance of planning 1A.3a. Analyze factors that create stress or motivate performance successful e.	SELF-ESTEEM <p>PS: A1.1-12: Acquire Self-knowledge</p>	COMMUNICATION SKILLS <p>PS: A2.1-8: Acquire Interpersonal Skills</p> PS: B1.1-12: Self-Knowledge Application	GOAL SETTING FOR HS/FUTURE <p>A:B2.1-7: Plan to achieve goals</p>

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HIGH SCHOOL ORIENTATION	NAVIANCE: LEARNING STYLE INVENTORY	FOUR YEAR PLANS:	INDIVIDUAL 9TH GRADE MEETINGS	NAVIANCE	NAVIANCE: DO WHAT YOU ARE	COLLEGE BOARD ADMISSIONS GAME	COMMON APPLICATION-WHAT IS NEEDED BY SENIOR YEAR TO APPLY TO COLLEGE?	NAVIANCE: BEGIN RESUME CAREER EXPLORATION	TRANSITIONS
PS: A1.2 Identify values, attitudes and beliefs Communication Skills	<ul style="list-style-type: none">Elaborate on learning styles A: A2.4 Apply knowledge and learning styles to positively influence school performance	<ul style="list-style-type: none">Graduation Requirements, clubs, sports, etc. C: A1.6 Learn how to set goals. C: B1.1 Apply decision-making skills to career planning, course selection and career transition. 1A.4c. Demonstrate the capacity to shift one’s focus between tasks and maintain concentration on one’s goal.	<ul style="list-style-type: none">Review and tweak individual academic plans A: B2.6 Understand the relationship between classroom performance and success in school A:C1.5 Understand that school success is the preparation to make the transition from student to community member	<ul style="list-style-type: none">Summer Enrichment Program Search C: A1.7 Understand the importance of planning Naviance: Summer Enrichment Program Search	PS: A1.10 Identify personal strengths and assets	C:C1.1 Understand the relationship between educational achievement and career success	C: A1.1 Students will acquire the skills to investigate the world of work in relation to knowledge of self and make informed career decisions.	C: A2.6 Learn how to write a résumé A:C1.1 Demonstrate the ability to balance school, studies, extracurricular activities, leisure time and family life	<ul style="list-style-type: none">Goal Setting PS:A1.4 Understand change is a part of growth A:C1.4 Demonstrate an understanding of the value of lifelong learning as essential to seeking, obtaining and maintaining life goals A:C1.5 Understand that school success is the preparation to make the transition from student to community member
		<ul style="list-style-type: none">							

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TENTH GRADE BACK - TO SCHOOL REORIENTATION	NAVIANCE	BOCES CAREER FAIR (NTHS AND MZHS)	NAVIANCE	TESTING/ANXIETY	COMMUNICATION SKILLS	INDIVIDUAL 10TH GRADE MEETINGS	NAVIANCE:	SELF-ADVOCACY	TRANSITION
PS: A1.2 Identify values, attitudes and beliefs	<ul style="list-style-type: none">Career Key & Cluster FinderExplore Careers & Clusters	C: A1.1 Develop skills to locate, evaluate and interpret career information	<ul style="list-style-type: none">Enrichment program search-planning	PS:C1.10 Learn techniques for managing stress and conflict	PS: A2.1-8: Acquire Interpersonal Skills	A: A3.1 Take responsibility for their actions	<ul style="list-style-type: none">Update Resume	PS: A1.2 Identify values, attitudes and beliefs	<ul style="list-style-type: none">Goal Setting
Communication Skills	C: A1.1 Develop skills to locate, evaluate and interpret career information		C: B1.6 Learn to use the Internet to access career-planning information	PS:C1.11 Learn coping skills for managing life events	PS: B1.1-12: Self-Knowledge Application	A: B2.3 Develop and implement annual plan of study to maximize academic ability and achievement	C: A2.6 Learn how to write a résumé	A: A3.4 Demonstrate dependability, productivity and initiative	PS:A1.4 Understand change is a part of growth
PS: A2.1-8: Acquire Interpersonal Skills	PS: A1.3 Learn the goal-setting process								A:C1.4 Demonstrate an understanding of the value of lifelong learning as essential to seeking, obtaining and maintaining life goals
PS: B1.1-12: Self-Knowledge Application	1A.4c. Demonstrate the capacity to shift one's focus between tasks and maintain concentration on one's goal.								A:C1.5 Understand that school success is the preparation to make the transition from student to community member

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11TH GRADE	TESTING/ANXIETY	NAVIANCE	NAVIANCE	SELF-CARE	INDIVIDUAL 11TH GRADE POST-SECONDARY PLANNING MEETINGS	SAT/VACT PLANNING	PLANNING FOR INTERNSHIPS/ MENTORING PROGRAM	COMMUNICATION SKILLS	TRANSITION
<ul style="list-style-type: none">Back-to-school assembly <p>PS: A1.3 Learn the goal-setting process</p> <p>1A.5c. Demonstrate the ability to adjust one’s behavior in response to changes in one’s environment or to changes in one’s goal(s).</p>	<p>PS:C1.10 Learn techniques for managing stress and conflict</p> <p>PS:C1.11 Learn coping skills for managing life events</p>	<ul style="list-style-type: none">MI Advantage <p>C: A1.5 Learn to make decisions</p> <p>C: A1.6 Learn how to set goals</p> <p>PS: A1.3 Learn the goal-setting process</p> <p>C: B1.2 Identify personal skills, interests and abilities and relate them to current career choice</p>	<ul style="list-style-type: none">College search, create “Colleges I’m Thinking About” list <p>C: B1.6 Learn to use the Internet to access career-planning information</p> <p>C: B2.1 Demonstrate awareness of the education and training needed to achieve career goals</p>	<p>PS:C1.10 Learn techniques for managing stress and conflict</p> <p>PS:C1.11 Learn coping skills for managing life events</p>	<p>A: B2.3 Develop and implement annual plan of study to maximize academic ability and achievement</p> <p>PS:A1.3 Learn the goal-setting process</p> <p>1A.5c. Demonstrate the ability to adjust one’s behavior in response to changes in one’s environment or to changes in one’s goal(s).</p>	<p>PS: A1.3 Learn the goal-setting process</p> <p>PS:C1.11 Learn coping skills for managing life events</p>	<p>C:C2.4 Apply academic and employment readiness skills in work based learning situations such as internships, shadowing and/or mentoring experience</p>	<p>PS: A2.1-8: Acquire Interpersonal Skills</p> <p>PS: B1.1-12: Self-Knowledge Application</p>	<ul style="list-style-type: none">Goal SettingSummer to-do list <p>A:C1.4 Demonstrate an understanding of the value of lifelong learning as essential to seeking, obtaining and maintaining life goals</p> <p>A:C1.5 Understand that school success is the preparation to make the transition from student to community member</p>

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<div>12TH GRADE BACK-TO-SCHOOL ASSEMBLY</div> <div>PS: A1.3 Learn the goal-setting process</div>	<div>INDIVIDUAL 12TH GRADE POST-SECONDARY MEETING</div> <div><ul style="list-style-type: none">Naviance: Complete list of colleges applying toScholarship searchInvite teachers to upload letter of recommendations on to NavianceLink common application to Naviance</div> <div>A: A2.1 Apply time-management and task-management skills</div> <div>C: B2.1 Demonstrate awareness of the education and training needed to achieve career goals</div> <div>1A.5c. Demonstrate the ability to adjusts one's behaviors in response to changes in one's environment or to changes in one's goal(s)</div>	<div><ul style="list-style-type: none">Prepare College Admissions Decision bulletin board and letters (M and Ts)Continue Scholarship search</div> <div>PS: A1.3 Learn the goal-setting process</div> <div>A:C1.6 Understand how school success and academic achievement enhance future career and vocational opportunities</div>	<div><ul style="list-style-type: none">Begin recording college admission decisions (Early Admission, Early Decision and rolling admissions)Continue scholarship search</div> <div>C: A1.7 Understand the importance of planning</div> <div>A:A2.1 Apply time-management and task-management skills</div>	<div><ul style="list-style-type: none">Continue recording college admission decisions (Early Admission, Early Decision and rolling admissions)Continue scholarship search</div> <div>C: B1.1 Apply decision-making skills to career planning, course selection and career transition</div>	<div><ul style="list-style-type: none">Continue recording college admission decisions (Early Admission, Early Decision and rolling admissions)Continue scholarship search</div> <div>PS:C1.11 Learn coping skills for managing life events</div>	<div><ul style="list-style-type: none">Continue recording college admission decisions (Early Admission, Early Decision and rolling admissions)Continue scholarship search</div> <div>C: B2.1 Demonstrate awareness of the education and training needed to achieve career goals</div>	<div><ul style="list-style-type: none">Continue recording college admission decisions (Early Admission, Early Decision and rolling admissions)Continue scholarship search</div> <div>PS:C1.11 Learn coping skills for managing life events</div>	<div><ul style="list-style-type: none">Continue recording college admission decisions (Early Admission, Early Decision and rolling admissions)Continue scholarship search</div> <div><ul style="list-style-type: none">Naviance: Indicate the school they will be attending</div> <div>PS: A1.4 Understand change is a part of growth</div>	<div>TRANSITION</div> <div><ul style="list-style-type: none">What to expect on a college campusWorkshop for commuter studentsEmployment ready workshopsGoal setting</div> <div>A:C1.4 Demonstrate an understanding of the value of lifelong learning as essential to seeking, obtaining and maintaining life goals</div> <div>A:C1.5 Understand that school success is the preparation to make the transition from student to community member</div>